



# COROMANDEL VALLEY PRIMARY SCHOOL



# OUT OF HOURS SCHOOL SPORTS INFORMATION BOOKLET 2020

At Coromandel Valley Primary School the importance of sport for the physical and emotional development of young children is well recognised.

Out of hours school sport at Coromandel Valley Primary School is overseen by Leadership and Governing Council. The provision of school sport is not possible without the help of parents. There are opportunities to volunteer in many different areas including Sports Co-ordinator, Team Manager and Coaching roles. **Please consider joining our team of dedicated volunteers!**

***Sports Offered*** (as at November 2019):

**Basketball** - Years 3 - 7

**Cricket**- Years 2 – 7

**Football** - Years 2 – 7 (Year 1 if approved by School Leadership)

**Netball** - Years 2 - 7

**Soccer** – Ages 7 to 13

The provision of a range of sporting opportunities encourages children to broaden their sporting experience rather than just specialise. School based sports are structured to promote enjoyment and participation.

All children, regardless of ability, have the right to develop the skills to participate in school sports.

Access to school sports should not be restricted by a family's financial circumstances. Please contact the front office should you wish to apply for a payment plan.

**Registration processes for out of hours school sports will be advised via email and/or school newsletter.**



# Basketball

<b>Terms played</b>	Term 1 – starts Week 3 Terms 2,3 & 4 – starts Week 1 Registration forms required by Friday first week of Term 1
<b>Grades/Ages</b>	Girls and boys welcomed and encouraged, play in mixed teams. Year 3 to Year 7
<b>Team size</b>	Play with 5, but can have up to 10 with roster, depends on overall numbers for year level, as can have multiple teams
<b>Max squad size</b>	As above
<b>Match days/times</b>	Monday – Year 7 Tuesday – Year 3 Wednesday – Year 4 Thursday – Year 6 Friday – Year 5 Games range from 3.45 up to 5.30. Length of game are 30 minutes Finishes no later than 6pm
<b>Match venues</b>	Blackwood Recreation Centre
<b>Training details</b>	Depends on coach, could be 8am weekdays or after school. Parent/caregiver needs to be present to supervise child
<b>Uniform requirements</b>	School basketball singlet (provided on loan), navy shorts no pockets, decent pair of sneakers don't have to be basketball boots.
<b>Equipment</b>	Provided by school
<b>Transport/Supervision</b>	Parents are responsible for transporting children to and from the match. Coach must be informed of responsible adult in charge of each child at all times during matches and training if parent/caregiver not present.
<b>Adult helpers</b>	Coach, scorer & collecting game day money
<b>Fees</b>	School - \$25 for the year This covers – balls, singlets, registration fee and end of year trophy/medal Rec Centre - \$42 per team per game, so this would be approx. \$7 per game per player (weekly)

# A, B and C Grade Cricket

<b>Terms played</b>	Term 1 and Term 4
<b>Grades/Ages</b>	Girls and boys welcomed and encouraged, play in mixed teams. A Grade: Years 6-7 B Grade: Years 5-6 C Grade: Years 4-5
<b>Team size</b>	A Grade: Maximum of 9 players on field B and C Grade: Maximum of 7 players on field
<b>Max squad size</b>	A-grade: 17 players B and C Grade: 13 players
<b>Match days/times</b>	Saturday morning A Grade: Games are 3 hours B and C Grade: Games are 2 hours
<b>Match venues</b>	Various Locations Frank Smith Oval is the home ground
<b>Training details</b>	C Grade training is on Thursday after school from 3.15pm to 4.30pm. Training for other grades will be determined by coaches
<b>Uniform requirements</b>	School cricket top (provided on loan), white pants
<b>Equipment</b>	Wooden bats, helmets, and pads are provided but players are welcome to bring their own equipment.
<b>Transport/Supervision</b>	Parents are responsible for transporting children to the match, arriving at least 30 minutes before the game start time. Coach must be informed of responsible adult in charge of each child at all times during matches and training if parent/caregiver not present.
<b>Adult helpers</b>	Coaches, umpires and scorers
<b>Fees</b>	\$25 billed each term Fees cover: <ul style="list-style-type: none"> <li>- purchase of equipment and balls</li> <li>- purchase of cricket tops</li> <li>- end of season participation medal/trophy</li> </ul>

# Kanga Cricket

<b>Terms played</b>	Term 1 and Term 4
<b>Grades/Ages</b>	Girls and boys welcomed and encouraged, play in mixed teams. Years 2 and 3
<b>Team size</b>	6-8
<b>Max squad size</b>	11
<b>Match days/times</b>	Saturday mornings for 1 hour between 9:00-11:00
<b>Match venues</b>	Blackwood High School oval
<b>Training details</b>	Half hour prior to each game
<b>Uniform requirements</b>	School cricket top (provided on loan), navy shorts
<b>Equipment</b>	Provided by the school
<b>Transport/Supervision</b>	Parents are responsible for transporting children to the match, arriving at least 10 minutes before the game start time. Coach must be informed of responsible adult in charge of each child at all times during matches and training if parent/caregiver not present.
<b>Adult helpers</b>	Coach, umpires and scorers
<b>Fees</b>	\$25 billed each term  Fees cover: <ul style="list-style-type: none"> <li>- purchase of equipment and balls</li> <li>- purchase of cricket tops</li> <li>- end of season participation medal/trophy</li> </ul>

# Football (AFL)

<b>Terms played</b>	Term 2 and Term 3
<b>Grades/Ages</b>	Girls and boys welcomed and encouraged, play in mixed teams. Years 2 and 3 (dependent on numbers) Years 4 and 5 (dependent on numbers) Years 6 and 7 (dependent on numbers)
<b>Team size</b>	9 (minimum) – have previously combined with other local schools if do not meet required minimum
<b>Max squad size</b>	15
<b>Match days/times</b>	Saturday 8.30am (1 hour) Saturday 9.30am (1 hour) Saturday 10.30am (1 hour)
<b>Match venues</b>	School ovals in Sturt SANFL zone
<b>Training details</b>	Dependent on coach preferences but usually one afternoon after school
<b>Uniform requirements</b>	Football guernsey provided by school on a loan basis, royal blue football socks, royal blue football shorts (could use AFL North Melbourne shorts) and mouthguard
<b>Equipment</b>	Provided by the school
<b>Transport/Supervision</b>	Parents are responsible for transporting children to the match, arriving at least 20 minutes before the game start time. Coach must be informed of responsible adult in charge of each child at all times during matches and training if parent/caregiver not present.
<b>Adult helpers</b>	Coach, team manager, first aid officer and all parents to assist with goal umpiring; time keeping; oranges at half time and BBQ assistance for fundraising.
<b>Fees</b>	\$50 for season (covers terms 2 & 3). Fees cover: <ul style="list-style-type: none"> <li>- SANFL team registration</li> <li>- SANFL administrative support</li> <li>- Accredited umpires</li> <li>- Purchase of equipment and balls</li> <li>- Purchase of football guernseys</li> <li>- End of season participation medal/trophy</li> </ul>

# Netball

<b>Terms played</b>	Term 2 and Term 3
<b>Grades/Ages</b>	Girls and boys welcomed and encouraged, play in mixed teams. Year 2 -7
<b>Team size</b>	7 on court at any one time
<b>Max squad size</b>	12
<b>Match days/times</b>	Friday afternoon 4pm Yrs. 5, 6, 7 Saturday 9am Yrs. 4, 5, 6, 7 Saturday 10am Yrs. 2, 3
<b>Match venues</b>	Home games at CVPS, away games at opposition schools
<b>Training details</b>	To be determined by the coach, usually one afternoon straight after school
<b>Uniform requirements</b>	Netball dress provided by school on a loan basis Boys – school sports top provided, navy shorts
<b>Equipment</b>	Provided out of sport fees
<b>Transport/Supervision</b>	Parents are responsible for transporting children to the match. Coach must be informed of responsible adult in charge of each child at all times during matches and training if parent/caregiver not present.
<b>Adult helpers</b>	Volunteer couches and team managers, scorers/timers at each game. Umpires are also needed and are paid \$20 per game. Umpires can be older students (high school age) who have a good knowledge of the game and rules.
<b>Fees</b>	\$50 per season. Fees cover: <ul style="list-style-type: none"> <li>• Purchase of equipment (including balls/bibs/kit bags)</li> <li>• Hire of uniforms</li> <li>• Umpires fees</li> <li>• End of season trophy/ribbon</li> </ul>

# Soccer

<b>Terms played</b>	Term 2 and Term 3
<b>Grades/Ages</b>	Girls and boys welcomed and encouraged, play in mixed teams. Under 8 (Yr 2, minimum age 7) Under 9 (generally Yr 3) U10 (generally Yr 4) U11 (generally Yr 5) Seniors (generally Yr 6&7) Note - Players will be placed in teams according to birthdate as at 31 Dec, as per SDJSA rules
<b>Team size</b>	Varies according to age group ie U8 – min 7, max 8 a side U9 – min 7, max 9 a side U10 – min 7, max 10 a side U11 – min 7, max 11 a side Seniors – max 11 a side
<b>Max squad size</b>	As above
<b>Match days/times</b>	Saturday mornings, various times U8 & U9 play 20 min each half U10+ play 25 min each half
<b>Match venues</b>	CVPS home games are held at Frank Smith Park, away games are at various schools and sporting grounds within the Southern Districts Junior Soccer Association (all within 20 mins drive from Coromandel Valley)
<b>Training details</b>	One training per week starting beginning of Term 2, through to end of season (approx end of August) Held on the school oval 3.30-4.30pm Please note - day depends on coach availability; different teams may have different training days
<b>Uniform requirements</b>	Soccer shirt provided by school on a loan basis Provide own - Royal blue (preferable) or navy shorts Royal blue soccer socks, available from Intersports Blackwood Soccer boots Shin pads

<b>Equipment</b>	School provides all necessary gear *Must have shin pads and boots for all training and matches
<b>Transport/Supervision</b>	Parents are responsible for transporting children to the match. Coach must be informed of responsible adult in charge of each child at all times during matches and training if parent/caregiver not present.
<b>Adult helpers</b>	We ask that parents are available to help their teams during the season. Parents will be rostered for lines duty and asked to provide oranges when their child is captain. We also need assistance with set up and pack up of goals and nets for home games, and help out with fundraising eg cake stall and bbq. You can also volunteer as a team manager or Soccer Coordinator.
<b>Fees</b>	\$50 per season

Other info –

Each team competes in a night carnival at some point during the season, held at the SDJSA ground at Bowker St, North Brighton

## PLAYERS' CODE OF CONDUCT

- Learn the rules of the game and play by them at all times
- Be a good sport. Applaud all good plays whether they are by your team or the opposition
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition
- Play for the fun of it, not just to please your parents or coach
- Work equally hard for yourself and your team - your team's performance will benefit and so will your own
- Treat all players as you yourself would like to be treated. Don't interfere with, bully, or take unfair advantage of any player
- Remember that the goals of the game are to have fun, improve your skills and feel good. Don't be a show-off or always try to get the most points or penalties
- Control your temper on and off the field. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted in any sport
- Co-operate with and respect your coach, team mates and opponents, for without them, you don't have a game
- Learn to value honest effort, skilled performance and improvement
- Shake hands at the end of each match



## PARENTS' CODE OF CONDUCT

- Encourage children to always participate according to the rules
- If children are interested, encourage them to participate. However if a child is not willing do not force him or her
- Remember children are involved in organised sports for their enjoyment not yours
- Focus on the child's efforts and performance rather than winning or losing
- Respect officials' decisions and teach children to do likewise
- Teach your child that honest effort is as important as victory so results of each game is accepted without disappointment
- Turn defeat into victory by helping your child work towards skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing a competition
- Provide a model of good sporting spirit for your child to copy
- Support participation by attending matches whenever possible. Please communicate with the coach if you cannot attend a match
- Recognise the value and importance of volunteer coaches. They give of their time and resources to provide recreational activities for your child
- Be courteous in your communication with players, team officials, game officials and sport administrators
- Do not interfere with the conduct of any events
- Support all efforts to remove verbal and physical abuse from children's sporting activities. Make any new parents feel welcome on all occasions
- Be present at games and practice, you are still responsible for your child's well-being